

## CMC Continuing Professional Development Day –

### Food Growing Workshop – June 2009

The day was held by the Food For Life Partnership at the inspirational Ryton Organic Garden, Coventry. Teachers and catering staff from CMC schools around the country attended the teaching sessions led by Anna Corbett, Garden Education Officer. The training event was designed to support schools to learn about growing skills activities and how these relate to achieving a Food for Life Partnership Mark Award.



The morning group sessions looked at the background to organic growing and choosing what to grow. This was followed by a short tour of the garden focusing on the herb garden, allotment and biodynamic garden.



The afternoon session discussed composting and recycling followed by a practical workshop of seed sowing with everyone taking away their pots of beans and salad.



The day culminated in a gardener's question time with Anna and Malcolm Smith, Lead Garden Education Officer answering the questions. Malcolm encouraged all schools to sign up for the Food for Life Partnership in order to benefit from the free advice, resources and activities.

All who attended found the day very informative and inspiring. The course also helped schools attain criteria towards the bronze mark.

#### Free Organic Gardening Workshop for School

07 Oct 2009 | 10.00am - 3.00pm

Crich Junior School, School Lane, Crich, Derbyshire, DE4 5DF

21 Oct 2009 | 10.00am - 3.00pm

Lancaster Girls Grammar School Regent Street, Lancaster, Lancashire, LA1 1SF

As part of the Food for Life Partnership, Garden Organic offers a Continuing Professional Development Event for school staff and associated colleagues such as caterers.

To attend these events please go to the link below.

<http://www.foodforlife.org.uk/events>